

A LITTLE BREAD PLEASE

“Bread of life” John 6:35

A WEATHER REPORT

As I type these words, it is extremely cold and icy where I am. I’m not alone in this, however, as about 1/3 of the country is experiencing a nasty winter storm. From the other room, I can hear voices from the TV telling me: If you don’t have to go out, stay at home. Having spent years forced to get out on mornings like this for work, I heed the warnings. I am happily staying home, thankful that the power is still on and praying that it will remain so.

DEVOTION TIME

To make wise use of this no-go time, I turn to my morning devotions. On January 1 of this year, I began a chronological one-year Bible reading program on my Bible app. I want to make sure I read through the Bible this year, as I tend to do in-depth studies of Bible books that keep me in a single book for long periods. So far, I am enjoying it immensely. As it is chronological, we began by reading Genesis and are now mostly finished with the Book of Job.

BREAKFAST TIME

After my devotions, I decided to have breakfast. Over the last few days, I’ve thought about making biscuits—something I don’t do often. Today I put forth the effort. I followed my Grandmother’s recipe and soon had them in the oven. In short order, the eggs and sausage were ready too. I sat down and took a bite of that buttered biscuit. While I’d never claim they were as good as my Grandmother’s, they tasted good—they hit the spot. If I hadn’t been too lazy to make some gravy, the meal would have been perfect.

THERE’S NOTHING LIKE GOOD HOT BREAD

There are few things as nourishing and satisfying as fresh, hot homemade bread. It uniquely fills and warms us, unlike other foods. Varying types of bread offer a wide variety to complement any meal. As any proper Southerner would attest, I find there are few meals as comforting as pinto beans and cornbread—especially with a bit of onion on the side, if you don’t mind.

SPIRITUAL BREAD

Jesus understood all the attributes bread offers and its broad appeal. He knew the associations His hearers would make when He spoke of bread. This perhaps explains, at least in part, why Jesus used bread for one of His most powerful descriptions of what He desired to mean and be to His followers. He said, *“I am the bread of life”* (John 6:35).

THE BREAD’S PROMISE

Partaking of the spiritual bread Jesus gives does more than feed our bodies; it nourishes our souls. And He promised that if we come to Him, the Bread of Life, we would never hunger (John 6:35). So, as good as natural bread is, we cannot live by it alone. Only Jesus can give us the Bread that eternally quenches our hunger.