

HELP COMES

“My help cometh” Psalm 121:2

WE ALL NEED HELP

The Psalms are replete with the timeless truth that we all need help from time to time. That needed help can manifest in several forms, including physical, financial aid, or spiritual support.

WHERE DO WE GET HELP

Often the help we need comes through a person. A few examples are a lift after a fall, a kind word after a disappointment, or a few dollars to make it to payday.

THE LIMITED HELP AVAILABLE THROUGH OTHERS

But others can only help us so much. Psalms warn us of this reality by declaring the following:

- **Unprofitableness** of looking to men to help - *“Vain is the help of man”* – Psalm 60:11.
- **The futility** of looking to men to help – *“Put not your trust in princes, nor in the son of man, in whom there is no help”* – Psalm 146:3.
- **Non-availability** of someone to help – *“Be not far from me: for trouble is near; for there is none to help”* – Psalm 22:11.

ULTIMATELY OUR HELP COMES FROM GOD

According to the Psalmists, the insufficiency of human help should lead us to look to God and experience the help only He can give. When we do, we experience His:

- **Faithfulness to help** – *“Thou has been my help”* – Psalm 27:9.
- **Ability to help** – *“My help cometh from the Lord, which made heaven and earth”* – Psalm 121:2.
- **Availability to help** – *“God is our refuge and strength, a very present help in trouble”* – Psalm 46:1.
-

AVENUES GOD CAN USE TO HELP US

The Bible says, *“The Lord shall help them, and deliver them...because they trust in Him”* – Psalm 37:40. God has many avenues through which He directs His help, including:

- **The Sanctuary** – Psalm 20:2
- **His mercy** – Psalm 44:26, 109:26
- **His hand** – Psalm 119:173
- **The Name of the Lord** – Psalm 124:8

Receive His help today, Child of God, whichever avenue He sends it to you. Your help will come.